7th Annual West Boylston 5K Road Race and Family Fitness Walk*

June 9, 2012

9:00 AM - West Boylston High School 125 Crescent St West Boylston, MA

The Course: The 5K (3.1 Mile) course loops around the beautiful and scenic Thomas Basin (part of Wachusett Reservoir). First Mile: Downhill or flat and fast. Second Mile: 2 rolling hills. Third Mile: An increase in elevation and a 1/4 mile challenging hill.

<u>Registration:</u> 7:30-8:50 AM at the West Boylston Middle/High School. The race starts at 9:00 AM rain or shine. First 75 entries are guaranteed a limited edition race shirt.

More information Call: Julianne DeRivera at 508-835-8830,

Email: WB roadrace@yahoo.com

Web Site: http://www.westboylston-ma.gov/wb5k

Please enter me in the "West Boylston 5K Road Race and Family Fitness Walk". I agree to assume all responsibility for all risk of damage or injury to me as a participant in this event. In consideration of being accepted as an entrant in the "West Boylston 5K Road Race and Family Fitness Walk. I hereby, for myself and my heirs, executors and administrators, release and discharge any and all individuals, entities, and organizations associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I will not participate in the West Boylston 5K Road Race and Family Fitness Walk unless I am physically fit and sufficiently trained for competition in the races. I also grant permission for the use of my name and or picture in any broadcast, photograph or other account of this race. I understand that dogs, bicycles, skateboards, roller skates, and/or roller blades, are not allowed in the race and I will abide by this guideline.

bicycles, skateboards, roller skates, and/or roller blades, are not allowed in the race and I will abide by this guideline. PLEASE PRINT Name_____ Address Race Day Age Town, St. Zip M_____F EMAIL: (Only used to notify you of future races) Club Affiliation: Signature: (Signature of parent or guardian if under 18) FEE: \$15.00 For an individual runner \$30.00 Maximum immediate family registration fee \$10.00 High school aged or younger student runner T-Shirt Size for Pre-entrants (Circle one) L XLMake out check to "WB5K" Mail to: Julianne DeRivera, 148 Goodale Street W Boylston, MA 01583